

FAMILY EDUCATION AND SUPPORT GROUPS

St. Albans Episcopal Church – Cleveland Hts., Ohio

The Concern

Concerned about a loved one's use of alcohol or other drugs? **You're not alone and there is help.** Addiction negatively impacts the user's life and the lives of those who love them. It's estimated that 1 out of 10 people who use alcohol and as many as 6 out of 10 who use other drugs, develop alcoholism or other drug addiction and dependency. Thoughts like, "it can't happen in my family" or "it's just a phase they're going through" can fuel years of denial, during which time overwhelming emotional and financial difficulties take a toll.

The stigma associated with addiction prevents family members from identifying the problem and seeking appropriate help. For most people, recognizing the realities of addiction and therefore making healthy choices for themselves feels next to impossible.

The Education Group

The goal of ***The Education Group*** is to provide participants with basic information that will assist them in making healthy choices for themselves and those they love. The **Education Group** meets from 6:00 p.m. - 7:15 p.m.

The Family Support Group

The ***Family Support Group*** is an open-ended unlimited group experience designed and conducted primarily for parents, spouses and other family members who are concerned about a loved one's harmful use of alcohol or other drugs. It is not a 12 step community based self-help support group. ***The Family Support Group*** provides a structured, caring environment for individuals seeking support for making healthier choices for themselves and those they love. Participants are free to share their common strength and hope through their past and present experiences, without fear of reprisal, judgment or negative feedback. The **Family Support Group** meets from 7:15 p.m. - 8:30 p.m. immediately after the Education Group.

Fee

Participation is free however donations are welcomed to offset the program costs which are sponsored by Episcopal Community Services, grants and individual donations.

Program Location

St. Albans Episcopal Church, 2555 Euclid Heights Blvd., Cleveland Heights, Ohio 44106. The program meets in the Basement Community Room, adjacent to the parking lot. Parking is available onsite.

Staffing

Coordination and facilitation of both group services are provided by Jim Joyner, Licensed Independent Chemical Dependency Counselor Clinical Supervisor (LICDC-CS) with 47 years of continuous experience in the field of alcohol and other drug addiction, treatment, prevention, education and intervention services. Jim is the Founder of Joyner and Associates LLC. The mailing address is Joyner and Associates LLC, P. O. BOX 181310, Cleveland Heights, Ohio 44118. If you have a question or would like more information call (216) 780-3883 or visit our web page at joynerandassociates.com.

**St. Albans Episcopal Church
Family Education & Support Group Program**

**Meeting Dates and Topics
September 5, 2018 – December 26, 2018**

(The topics listed are those which will be covered in the Education Group.)

September 5, 2018	Addiction and The Family Dis-Ease
September 19, 2018	Enabling, When Helping Hurts
October 3, 2018	Boundaries & Rules, The Things You Can and Can Not Change
October 17, 2018	Understanding The Intervention Process
October 31, 2018	Understanding Treatment, Recovery, Relapse and Resources
November 14, 2018	Opiates: “Chasing the Dragon” DVD
November 28, 2018	Addiction Not a Choice: “Pleasure Unwoven” DVD
December 12, 2018	The Neurobiology of Addiction
December 26, 2018	Alcohol & Other Drugs, What You Should Know

Topics can change without notice. Please call 216 780-3883 to confirm your participation in the education group.

“Now that you know, there’s no reason not to make a difference.”

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