

LCADA Sponsored
ME-WE FAMILY EDUCATION AND SUPPORT GROUP PROGRAM
Lorain, Ohio

The Concern

Concerned about a loved one's use of alcohol or other drugs? **You're not alone and there is help.** Addiction negatively impacts the user's life and the lives of those who love them. It's estimated that 1 out of 10 people who use alcohol and as many as 6 out of 10 who use other drugs, develop alcoholism or other drug addiction and dependency. Thoughts like, "it can't happen in my family" or "it's just a phase they're going through" can fuel years of denial, during which time overwhelming emotional and financial difficulties take a toll.

The stigma associated with addiction prevents family members from identifying the problem and seeking appropriate help. For most people, recognizing the realities of addiction and therefore making healthy choices for themselves feels next to impossible.

The Education Group

The goal of ***The Education Group*** is to provide participants with basic information that will assist them in making healthy choices for themselves and those they love. **The Education Group** meets from 6:00 p.m. - 7:15 p.m.

The Family Support Group

The ***Family Support Group*** is an open-ended unlimited group experience designed and conducted primarily for parents, spouses and other family members who are concerned about a loved one's harmful use of alcohol or other drugs. It is not a 12-step community-based self-help support group. ***The Family Support Group*** provides a structured, caring environment for individuals seeking support for making healthier choices for themselves and those they love. Participants are free to share their common strength and hope through their past and present experiences, without fear of reprisal, judgment or negative feedback. **The Family Support Group** meets from 7:15 p.m. - 8:30 p.m. immediately after **The Education Group**.

Fee

Program services are free and open to persons who are concerned about a loved one's abuse or addictive use of alcohol and or other drugs.

Program Locations and Hours

The Key Center, 1882 East 32nd Street, Lorain, Ohio every Thursday evening 6:00 p.m. – 8:30 p.m. unless otherwise scheduled.

Staffing

Coordination and facilitation of both group services are provided by Jim Joyner, Licensed Independent Chemical Dependency Counselor Clinical Supervisor (LICDC-CS) with over 47 years of continuous experience in the field of alcohol and other drug addiction, treatment, prevention, education and intervention services. Jim is the Founder of Joyner and Associates LLC., P. O. BOX 181310, Cleveland Heights, Ohio 44118.

ME-WE Family Education & Support Group Program

Meeting Dates and Topics

July 4, 2019 – November 14, 2019

(The topics listed are those which will be covered in the Education Group.)

Lorain, Ohio Schedule

July 4, 2019	NO GROUP
July 11, 2019	Opiates: “Chasing the Dragon” DVD
July 18, 2019	NO GROUP
July 25, 2019	Addiction Not a Choice: “Pleasure Unwoven” DVD
August 1, 2019	Substance Use Disorder, Not Your Fault, Not Your Fix, Not Your Fight
August 8, 2019	Alcohol & Other Drugs, What You Should Know
August 15, 2019	Addiction and The Family Dis-Ease
August 22, 2019	Enabling and Codependency, When Helping Hurts
August 29, 2019	Boundaries & Rules, The Things You Can and Can’t Change
September 5, 2019	Understanding The Intervention Process
September 12, 2019	Understanding Treatment, Recovery, Relapse and What You Should Do Before They Come Home
September 19, 2019	Opiates: “Chasing the Dragon” DVD
September 26, 2019	Addiction Not a Choice: “Pleasure Unwoven” DVD
October 3, 2019	NO GROUP
October 10, 2019	Substance Use Disorder, Not Your Fault, Not Your Fix, Not Your Fight
October 17, 2019	Alcohol & Other Drugs, What You Should Know
October 24, 2019	Addiction and The Family Dis-Ease
October 31, 2019	Enabling and Codependency, When Helping Hurts
November 7, 2019	Boundaries & Rules, The Things You Can and Can’t Change
November 14, 2019	Understanding The Intervention Process

Topics and dates can change without notice. Please call 216 780-3883 if you have any questions.

“Now that you know, there’s no reason not to make a difference.”

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