

**LCADA Sponsored**  
**ME-WE**  
**FAMILY EDUCATION AND SUPPORT GROUP PROGRAM**  
**Lorain, Ohio**

***The Concern***

Concerned about a loved one's use of alcohol or other drugs? **You're not alone and there is help.** Addiction negatively impacts the user's life and the lives of those who love them. It's estimated that 1 out of 10 people who use alcohol and as many as 6 out of 10 who use other drugs, develop alcoholism or other drug addiction and dependency. Thoughts like, "it can't happen in my family" or "it's just a phase they're going through" can fuel years of denial, during which time overwhelming emotional and financial difficulties take a toll.

The stigma associated with addiction prevents family members from identifying the problem and seeking appropriate help. For most people, recognizing the realities of addiction and therefore making healthy choices for themselves feels next to impossible.

***The Education Group***

The goal of ***The Education Group*** is to provide participants with basic information that will assist them in making healthy choices for themselves and those they love. ***The Education Group*** meets from 6:00 p.m. - 7:15 p.m.

***The Family Support Group***

***The Family Support Group*** is an open-ended unlimited group experience designed and conducted primarily for parents, spouses and other family members who are concerned about a loved one's harmful use of alcohol or other drugs. It is not a 12-step community-based self-help support group. ***The Family Support Group*** provides a structured, caring environment for individuals seeking support for making healthier choices for themselves and those they love. Participants are free to share their common strength and hope through their past and present experiences, without fear of reprisal, judgment or negative feedback. ***The Family Support Group*** meets from 7:15 p.m. - 8:30 p.m. immediately after ***The Education Group***.

***Fee***

Program services are free and open to persons who are concerned about a loved one's abuse or addictive use of alcohol and or other drugs.

***Program Locations and Hours***

The Key Center, 1882 East 32<sup>nd</sup> Street, Lorain, Ohio every Thursday evening 6:00 p.m. – 8:30 p.m. unless otherwise scheduled.

***Staffing***

Coordination and facilitation of both group services are provided by Jim Joyner, Licensed Independent Chemical Dependency Counselor Clinical Supervisor (LICDC-CS) with over 48 years of continuous experience in the field of alcohol and other drug addiction, treatment, prevention, education and intervention services. Jim is the Founder of Joyner and Associates LLC., P. O. BOX 181310, Cleveland Heights, Ohio 44118.

**ME-WE**  
***Family Education & Support Group Program***

***Meeting Dates and Topics***  
***February 20, 2020 – June 25, 2020***

(The topics listed are those which will be covered in the Education Group.)

**Lorain, Ohio Schedule**

February 20, 2020	Addiction Not a Choice: <b>“Pleasure Unwoven” DVD</b>
February 27, 2020	Substance Use Disorder, Not Your Fault, Not Your Fix, Not Your Fight
March 5, 2020	Alcohol & Other Drugs, What You Should Know
March 12, 2020	Addiction and The Family Dis-Ease
March 19, 2020	Enabling, When Helping Hurts
March 26, 2020	Boundaries & Rules, The Things You Can and Can’t Change
April 2, 2020	Understanding The Intervention Process
April 9, 2020	Understanding Treatment, Recovery, Relapse and What to Do Before They Come Home
April 16, 2020	Surviving The First Year of Sobriety: <b>“Memo to Self” DVD</b>
April 23, 2020	<b>NO GROUP</b>
April 30, 2020	Addiction Not a Choice: <b>“Pleasure Unwoven” DVD</b>
May 7, 2020	Substance Use Disorder, Not Your Fault, Not Your Fix, Not Your Fight
May 14, 2020	Alcohol & Other Drugs, What You Should Know
May 21, 2020	Addiction and The Family Dis-Ease
May 28, 2020	Enabling, When Helping Hurts
June 4, 2020	Boundaries & Rules, The Things You Can and Can’t Change
June 11, 2020	Understanding The Intervention Process
June 18, 2020	Understanding Treatment, Recovery, Relapse and What to Do Before They Come Home
June 25, 2020	Surviving The First Year of Sobriety: <b>“Memo to Self” DVD</b>

**Topics and dates can change without notice. Please call 216 780-3883 if you have any questions.**

**“Now that you know, there’s no reason not to make a difference.”**

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