

ME-WE
FAMILY EDUCATION AND SUPPORT GROUP PROGRAM
St. Barnabas Episcopal Church – Bay Village, Ohio

The Concern

Concerned about a loved one's use of alcohol or other drugs? **You're not alone and there is help.** Addiction negatively impacts the user's life and the lives of those who love them. It's estimated that 1 out of 10 people who use alcohol and as many as 6 out of 10 who use other drugs, develop alcoholism or other drug addiction and dependency. Thoughts like, "it can't happen in my family" or "it's just a phase they're going through" can fuel years of denial, during which time overwhelming emotional and financial difficulties take a toll.

The stigma associated with addiction prevents family members from identifying the problem and seeking appropriate help. For most people, recognizing the realities of addiction and therefore making healthy choices for themselves feels next to impossible.

The Education Group

The goal of ***The Education Group*** is to provide participants with basic information that will assist them in making healthy choices for themselves and those they love. ***The Education Group*** meets from 6:00 p.m. - 7:15 p.m.

The Family Support Group

The Family Support Group is an open-ended unlimited group experience designed and conducted primarily for parents, spouses and other family members who are concerned about a loved one's harmful use of alcohol or other drugs. It is not a 12 step community based self-help support group. ***The Family Support Group*** provides a structured, caring environment for individuals seeking support for making healthier choices for themselves and those they love. Participants are free to share their common strength and hope through their past and present experiences, without fear of reprisal, judgment or negative feedback. ***The Family Support Group*** meets from 7:15 p.m. - 8:30 p.m. immediately after ***The Education Group***.

Fee

Participation is free however donations are welcomed to offset the program services and related costs which are sponsored in part by St. Barnabas Episcopal Church.

Program Location - Bay Village, Ohio

St. Barnabas Episcopal Church, 468 Bradley Road, Bay Village, Ohio 44140. The program meets in the Community Room, adjacent to the Wolf Road parking lot. Ample parking is available.

Staffing

Coordination and facilitation of both group services are provided by Jim Joyner, Licensed Independent Chemical Dependency Counselor Clinical Supervisor (LICDC-CS) with over 48 years of continuous experience in the field of alcohol and other drug addiction, treatment, prevention, education and intervention services. Jim is the Founder of Joyner and Associates LLC., P. O. BOX, 181310, Cleveland Heights, Ohio 44118. If you have a question or would like more information please call (216) 780-3883 or email Jim at joynerandassoc2009@gmail.com.

ME-WE
Family Education & Support Group Program
Meeting Dates & Topics

January 13, 2020 – July 27, 2020

(The topics listed are those which will be covered in the Education Group.)

St. Barnabas Episcopal Church

January 13, 2020	Understanding the Intervention Process
January 27, 2020	Understanding Treatment, Recovery, Relapse and What to Do Before They Come Home
February 10, 2020	Surviving The First Year of Sobriety: "Memo to Self" DVD
February 24, 2020	Addiction Not a Choice: "Pleasure Unwoven" DVD
March 9, 2020	Substance Use Disorder, Not Your Fault, Not Your Fix, Not Your Fight
March 23, 2020	Alcohol & Other Drugs, What You Should Know
April 6, 2020	Addiction and The Family Dis-Ease
April 20, 2020	Enabling, When Helping Hurts
May 4, 2020	Boundaries & Rules, The Things You Can and Can't Change
May 18, 2020	Understanding the Intervention Process
June 1, 2020	Understanding Treatment, Recovery, Relapse and What to Do Before They Come Home
June 15, 2020	Surviving The First Year of Sobriety: "Memo to Self" DVD
June 29, 2020	Addiction Not a Choice: "Pleasure Unwoven" DVD
July 13, 2020	Substance Use Disorder, Not Your Fault, Not Your Fix, Not Your Fight
July 27, 2020	Alcohol & Other Drugs, What You Should Know

Topics can change without notice. Please call 216 780-3883 if you have a question regarding meeting dates and or possible meeting cancelation due to weather or another unexpected event.

"Now that you know, there's no reason not to make a difference."

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