ME-WE FAMILY EDUCATION AND SUPPORT GROUP ONLINE PROGRAM

THE ISSUE:

Concerned about a loved one's use of alcohol or other drugs? **You're not alone and there is help**. Substance use disorder/addiction negatively impacts the user's life and the lives of those who love them. It's estimated that in America today, 48.5 million people 12 years of age and older meet the diagnostic criteria for some level of substance use disorder. Surveys suggest that for each individual who suffers from substance use disorder 3 to 5 other people are adversely impacted. This suggests that millions of others most of whom are family members have been directly or indirectly effected. Thoughts like, "it can't happen in my family" or "it's just a phase they're going through" can fuel years of denial, during which time overwhelming emotional and financial difficulties take their toll. The stigma associated with addiction along with a lack of understanding of what causes substance use disorder prevents many parents, spouses, other family members and concerned others from identifying the problem and seeking appropriate help. For most people, trying to navigate the consequences of a loved one's addiction feels next to impossible.

ABOUT THE PROGRAM

WHO: Parents, spouses, other family members or significant others who are concerned about a loved one's abuse or addictive use of alcohol, other drugs or substances.

WHAT: The **Education Session** provides information covering a variety of topics to help family members understand addiction as a brain disorder, how addictive behaviors impact the family, and healthy ways for family members/concerned others to respond to their addicted loved one's behaviors without trying to manage those behaviors. To receive the greatest benefit from the program it is recommended that participants attend at least one rotation of the 12-week sessions presented.

The **Support Group** provides a safe, caring and supportive environment for participants which helps them realize they are not alone as well as supporting them in their efforts to make healthier choices for themselves and in response to those they love.

WHERE: Online access only. (Requires a computer, I-Pad, Tablet or Smart Phone)

WHEN: Wednesday evenings from 6:00 p.m. – 8:00 p.m.
To register call 216 780-3883 Mon. – Fri. 11:00 a.m. – 4:30 p.m.

STAFFING: Facilitation of both group services are provided by Jim Joyner, Licensed Independent Chemical Dependency Counselor – Clinical Supervisor (LICDC-CS) with over 53 years of professional experience in the field of substance use disorder treatment, prevention, training/education and consultation services.

ME-WE Family Education and Support Group

Wednesday Schedule July – December 2026

6:00 p.m. – 8:00 p.m.

(The topics listed are those which will be covered in the Education Groups.)

July 1, 2026	Understanding Treatment
July 8, 2026	Memo to Self (DVD) Part 1
July 15, 2026	Memo to Self (DVD) Part 2
July 22, 2026	Recovery and Relapse: Having a Plan
July 29, 2026	Neurobiology of Substance Use Disorder: From The Inside Out
August 5, 2026	Pleasure Unwoven (DVD)
August 12, 2026	Alcohol, Cannabis and Nicotine: America's Drugs of Choice
August 19, 2026	America's Other Drugs
August 26, 2026	Signs, Symptoms and Risk Factors
September 2, 2026	Addiction and The Family Dis-Ease
September 9, 2026	Enabling: When Helping Hurts
September 16, 2026	Boundaries vs Rules: The Things You Can and Can Not Change
September 23, 2026	Understanding Treatment
September 30, 2026	Memo to Self (DVD) Part 1
October 7, 2026	Memo to Self (DVD) Part 2
October 14, 2026	Recovery and Relapse: Having a Plan
October 21, 2026	Neurobiology of Substance Use Disorder: From The Inside Out
October 28, 2026	Pleasure Unwoven (DVD)
November 4, 2026	Alcohol, Cannabis and Nicotine: America's Drugs of Choice
November 11, 2026	America's Other Drugs
November 18, 2026	Signs, Symptoms and Risk Factors
November 25, 2026	**NO MEETING**
December 2, 2026	Addiction and The Family Dis-Ease
December 9, 2026	Enabling: When Helping Hurts
December 16, 2026	Boundaries vs Rules: The Things You Can and Can Not Change
December 23, 2026	Understanding Treatment
December 30, 2026	Memo to Self (DVD) Part 1

Topics can change without notice. Please call 216 780-3883 if you have any questions.

"Now that you know, there's no reason not to make a difference."

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