

# **ME-WE Family Education and Support Group**

## **Tuesday Schedule - 2022**

(The topics listed are those which will be covered in the Education Groups.)

January 4, 2022	<b>Alcohol and Other Drugs, What You Should Know</b>
January 11, 2022	<b>Substance Use Disorder and The Family Dis-Ease</b>
January 18, 2022	<b>Enabling and Codependency: When Helping Hurts</b>
January 25, 2022	<b>Boundaries and Rules: The Things You Can and Can Not Change</b>
February 1, 2022	<b>Understanding Treatment, Recovery and Relapse: Having a Plan Before They Come Home</b>
February 8, 2022	<b>Memo to Self (DVD) Part 1</b>
February 15, 2022	<b>Memo to Self (DVD) Part 2</b>
February 22, 2022	<b>Pleasure Unwoven (DVD) Part 1</b>
March 1, 2022	<b>Pleasure Unwoven (DVD) Part 2</b>
March 8, 2022	<b>Neurobiology of Substance Use Disorder: From The Inside Out</b>
March 15, 2022	<b>Alcohol and Other Drugs, What You Should Know</b>
March 22, 2022	<b>Substance Use Disorder and The Family Dis-Ease</b>
March 29, 2022	<b>Enabling and Codependency: When Helping Hurts</b>
April 5, 2022	<b>Boundaries and Rules: The Things You Can and Can Not Change</b>
April 12, 2022	<b>Understanding Treatment, Recovery and Relapse: Having a Plan Before They Come Home</b>
April 19, 2022	<b>Memo to Self (DVD) Part 1</b>
April 26, 2022	<b>Memo to Self (DVD) Part 2</b>
May 3, 2022	<b>Pleasure Unwoven (DVD) Part 1</b>
May 10, 2022	<b>Pleasure Unwoven (DVD) Part 2</b>
May 17, 2022	<b>Neurobiology of Substance Use Disorder: From The Inside Out</b>
May 24, 2022	<b>Alcohol and Other Drugs, What You Should Know</b>
May 31, 2022	<b>Substance Use Disorder and The Family Dis-Ease</b>
June 7, 2022	<b>Enabling and Codependency: When Helping Hurts</b>
June 14, 2022	<b>Boundaries and Rules: The Things You Can and Can Not Change</b>
June 21, 2022	<b>Understanding Treatment, Recovery and Relapse: Having a Plan Before They Come Home</b>

**Topics can change without notice. Please call 216 780-3883 if you have any questions.**

***“Now that you know, there’s no reason not to make a difference.”***

**Joyner and Associates LLC, P. O. BOX 181310, Cleveland Heights, Ohio 44118**

**(216) 780-3883**

**Email: [joynerandassoc2009@gmail.com](mailto:joynerandassoc2009@gmail.com)**

**Web page: [joynerandassociates.com](http://joynerandassociates.com)**

**Revised: 1-4-2022**