

ME-WE Family Education and Support Group

Saturday Schedule January – June 2026

10:00 a.m. – 12:00 p.m.

(The topics listed are those which will be covered in the Education Groups.)

January 3, 2026	Enabling: When Helping Hurts
January 10, 2026	Boundaries vs Rules: The Things You Can and Can Not Change
January 17, 2026	Understanding Treatment
January 24, 2026	Memo to Self (DVD) Part 1
January 31, 2026	Memo to Self (DVD) Part 2
February 7, 2026	Recovery and Relapse: Having a Plan
February 14, 2026	Neurobiology of Substance Use Disorder: From The Inside Out
February 21, 2026	Pleasure Unwoven (DVD)
February 28, 2026	Alcohol, Cannabis and Nicotine: America's Drugs of Choice
March 7, 2026	America's Other Drugs
March 14, 2026	Signs, Symptoms and Risk Factors
March 21, 2026	Addiction and The Family Dis-Ease
March 28, 2026	Enabling: When Helping Hurts
April 4, 2026	Boundaries vs Rules: The Things You Can and Can Not Change
April 11, 2026	Understanding Treatment
April 18, 2026	Memo to Self (DVD) Part 1
April 25, 2026	Memo to Self (DVD) Part 2
May 2, 2026	Recovery and Relapse: Having a Plan
May 9, 2026	Neurobiology of Substance Use Disorder: From The Inside Out
May 16, 2026	Pleasure Unwoven (DVD)
May 23, 2026	NO GROUP
May 30, 2026	Alcohol, Cannabis and Nicotine: America's Drugs of Choice
June 6, 2026	NO GROUP
June 13, 2026	America's Other Drugs
June 20, 2026	Signs, Symptoms and Risk Factors
June 27, 2026	Addiction and The Family Dis-Ease

Topics can change without notice. Please call 216 780-3883 if you have any questions.

"Now that you know, there's no reason not to make a difference."

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