

# ME-WE Family Education Session Topics

Sponsored by Stella Maris, Inc.

(The topics listed are those which will be covered in the Education Groups.)

August 28, 2020	<b>Understanding Treatment, Recovery and Relapse: Having a Plan Before They Come Home</b>
September 4, 2020	<b>Memo to Self (DVD) Part 1</b>
September 11, 2020	<b>Memo to Self (DVD) Part 2</b>
September 18, 2020	<b>Pleasure Unwoven (DVD) Part 1</b>
September 25, 2020	<b>Pleasure Unwoven (DVD) Part 2</b>
October 2, 2020	<b>Neurobiology of Substance Use Disorder: From The Inside Out</b>
October 9, 2020	<b>Alcohol and Other Drugs, What You Should Know</b>
October 16, 2020	<b>Substance Use Disorder and The Family Dis-Ease</b>
October 23, 2020	<b>NO GROUP</b>
October 30, 2020	<b>Enabling and Codependency: When Helping Hurts</b>
November 6, 2020	<b>Boundaries and Rules: The Things You Can and Can Not Change</b>
November 13, 2020	<b>Understanding Treatment, Recovery and Relapse: Having a Plan Before They Come Home</b>
November 20, 2020	<b>Memo to Self (DVD) Part 1</b>
November 27, 2020	<b>NO GROUP</b>
December 4, 2020	<b>Memo to Self (DVD) Part 2</b>
December 11, 2020	<b>Pleasure Unwoven (DVD) Part 1</b>
December 18, 2020	<b>Pleasure Unwoven (DVD) Part 2</b>
December 25, 2020	<b>NO GROUP</b>
January 1, 2021	<b>NO GROUP</b>

**Topics can change without notice. Please call 216 780-3883 if you have any questions.**

*“Now that you know, there’s no reason not to make a difference.”*

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